

<u>Position</u>	<u>Men</u>	<u>Club</u>	<u>Status</u>	<u>Time</u>
1	Bryn Reynolds	Striders		28:17
2	Nick White	Striders		29:02
3	Andrew Mynott	Striders		
4	Steve Prosser	Stortford		
5	Jared Bethell	Harlow	V	
6	Alasdair Bruce	Stortford		
7	Alan Broughton	Harlow	V	
8	Tim Ellis	Striders	V	
9	Adam Firth	Ware		
10	John Evans	Harlow		
11	Nick Kenyon-Muir	Ware	V	
12	John Williams	Ware		
13	Garth Morris	Ware	V	
14	David Pomeroy	Ware		
15	Rick Ricketts	Harlow	V	00:33:24
16	Liam Shiels	Stortford		
17	Justin Revell	Harlow		
18	David Ayling	Harlow		
19	Gavin Brett	Harlow		
20	Steve Mackenzie	Harlow	V	
21	John Beaumont	Ware		
22	Lee Daniel	Harlow		
23	Stephane Toussenet	Striders	V	34:40
24	John James	Striders	V	
25	Nick Mahoney	Striders	V	34:45
26	Steve White	Striders	V	34:45
27	Jason Haigh	Harlow		
28	Chris Tate	Stortford	V	
29	Rob Woodward	Striders	V	35:18
30	Andy Sims	Harlow		
31	Darren Risley	Stortford		
32	Phil Butson	Stortford	V	
33	Adrian Fell	Harlow	V	00:35:36
34	Roy Steven	Harlow	V	
35	Tony Davison	Striders	V	
36	John Tennant	Harlow	V	
37	Jon Steadman	Harlow		0:36:07
38	John Bull	Harlow	V	
39	Roger Partridge	Ware	V	
40	Paul Waters	Striders	V	
41	Peter Coe	Ware		
42	Andrew Terrell	Harlow		
43	Mark Sanz	Ware		
44	Pasquale Pellechia	Harlow	V	
45	John Nichol	Stortford	V	
46	Tim Dedman	Stortford	V	
47	Ben Dean	Stortford		
48	Adrian Sherrif	Stortford		
49	Alan Findlay	Stortford		
50	Sean Flynn	Harlow		
51	Martin McColgan	Harlow	V	38:45
52	Alan Wilson	Stortford		
53	Stuart Ballard	Ware	V	
54	Richard Coffey	Ware		
55	Graham Pugh	Harlow	V	

56	Graham Statter	Stortford	V
57	Stewart Brown	Ware	V
58	Chris Allen	Stortford	
59	Alan Moir	Harlow	V
60	Keith Savill	Striders	V
61	David French	Ware	
62	Les Thurston	Stortford	V
63	Peter Allen	Stortford	
64	Phil Lancaster	Ware	
65	Chris Williams	Ware	
66	Phil Cunningham	Ware	
67	Steve Johnson	Ware	
68	Rob Saunders	Ware	
69	Warren Pickering	Ware	
70	Phil Chaplin	Stortford	
71	Jon Little	Ware	
72	Robert Waddingham	Ware	
73	Graham Saville	Harlow	V
74		Stortford	
75	Roy Stringer	Ware	
76	John Butcher	Ware	

<u>Position</u>	<u>Women</u>	<u>Club</u>	<u>Status</u>	<u>Time</u>
1	Kathy Chapman	Stortford	V	
2	Fiona Halls	Striders	V	
3	Chrissie Richards	Ware	V	
4	Claire Walters	Striders	V	00:36:58
5	Katie Herrington	Harlow		
6	Rebecca White	Striders		37:30
7	Sandra Daniels	Stortford	V	
8	Paula Reynolds	Harlow		
9	Carole Anastasi	Striders	V	
10	Maki Kimura	Ware	V	
11	Annette Hardiman	Ware		
12	Paula Gallop	Ware		
13	Julia Fonnereau	Stortford	V	
14	Margit Wendelberger-James	Striders	V	00:41:31
15	Octavia Chambers	Stortford		
16	Kate Holden	Striders	V	00:41:50
17	Louise Hart	Ware		
18	Jayne Shepherd	Stortford		
19	Hazel Clarke	Ware		
20	Lorraine Evans	Stortford		
21	Harriet Wyatt	Stortford		
22	Janet Readitt	Ware		
23	Debbie Spicer	Ware	V	
24	Ann Coe	Ware		
25	Joanne Hewitt	Stortford		
26	Bridget Savill	Striders	V	
27	Claire Williams	Harlow	V	
28	Nicola Pickering	Ware	V	
29	Jenni Viner	Ware		
30	Karen Moir	Harlow	V	
31	Julia Gristwood	Ware		
32	Carole White	Striders		
33	Nikki King	Ware		
34	Anne Gauld Clarke	Stortford		
35	Sarah Alleyne	Ware		
36	Marion Dutton	Stortford		
37	Bev Small	Stortford		
38	Sarah Howard	Ware		
39	Helen Marks	Ware		
40	Val Stringer	Ware		
41	Liz Lord	Ware	V	

Ware Cross Country**Sun 17th January 2010**

Men's Team Race	Scores	Position	Points
Saffron Striders	87	1	4
Ware	93	2	3
Bishops Stortford	98	3	2
Harlow	141	4	1

Women's Team Race	Scores	Position	Points
Saffron Striders	9	1	4
Bishops Stortford	16	2	3
Ware	23	3	2
Harlow	44	4	1

Overall Team Race	Scores	Position	Points
Saffron Striders	96	1	4
Bishops Stortford	114	2	3
Ware	116	3	2
Harlow	185	4	1