

Linda Selby		53:17	1:36:29	1:54:40	2:22:38		
Katie Simmons	28:47						
Ann Somerville							4:31:15
Wendy Spring	24:40	51:49	1:31:54	2:04:20	2:51:00	3:39:22	4:37:11
Lauren Tibbles	30:45						
Elaine Turner	30:43						
Emma Wadding	23:56					3:04:11	4:27:30
Janet Webster	30:53	1:00:18					
Donna Whitehead	25:52			1:52:26			
Clare Williams	25:06				2:17:32	3:18:42	
Kim Wookey	29:47	1:00:52					
Sharon Wright	21:34	44:56		1:42:53			

Men

Steve Ambrose						2:34:53	3:46:15
David Ayling				1:25:45	1:41:25	2:31:56	3:31:07
Jared Bethell		35:06	59:53	1:18:36			2:49:32
Gavin Brett						2:23:59	3:25:24
Alan Broughton				1:22:15			2:57:33
John Bull			1:12:56	1:32:03	1:52:45	2:28:24	3:27:51
Dan Chapman		45:04					
Alan Cootes		46:20					
David Croly				1:39:26		2:40:44	4:00:54
Adrian Fell		40:39		1:29:37			3:24:19
Sean Flynn					2:13:09	2:41:16	3:50:37
Howard Gaines		46:45	1:28:00	1:49:04			
Robert Harlow		43:24					
Terry Heapy		1:05:12					
Jamie Jephcott		39:43	1:08:13	1:28:53		2:25:41	3:23:30

Ryan Johnson	44:25	1:22:56			
Matt Jones			1:52:44		3:04:32
Alf Keen	1:08:46				
Jamie Luck					3:46:38
Martin McColgan			1:43:40		
Steve Mackenzie	39:43				3:31:20
Jim Martin	45:05		1:42:14		
Alan Moir			1:42:47		
Colin Moody		1:14:19			
Ron Newton	50:56				
David Page	50:41		1:55:36		
Pasquale Pellecchia	43:11				
Terry Ridge	42:29				
Derek Seymour	49:58			2:55:12	4:50:20
Andy Sims					3:47:29
Jon Steadman			1:28:30	2:36:41	3:24:44
Roy Steven			1:27:54		
John Tennant	39:38	1:10:11	1:35:10	1:57:06	3:16:05
Andy Terrell	40:16		1:28:37	2:27:14	
Grahame Thomas	46:05		1:37:30		
Harry Woodward	1:10:49				