

**HRC CHAMPIONSHIP 2011 (On an age-related basis)**

**Ladies**

<b>Position</b>	<b>Name</b>	<b>5k%</b>	<b>5m%</b>	<b>10k%</b>	<b>10m%</b>	<b>1/2 M%</b>	<b>15m%</b>	<b>20m%</b>	<b>M%</b>	<b>Total</b>
1	Linda Selby		73.91	73.98	72.27		71.51	70.78	66.66	291.67
2	Dionne Jones	72.14	66.99	68.88	71.43	69.25	58.66			281.70
3	Claire Russell	68.74		66.19	64.53	62.83				262.29
4	Sharon Wright	68.81	66.47	66.62		59.40				261.30
5	Janice Page	64.91		64.24	65.70	62.66			57.76	257.51
6	Karen Moir	62.55	59.22	61.74	57.55	63.10	58.72		57.49	246.61
7	Vicky Steadman	65.41		59.40		61.05	58.33	58.25	59.05	244.91
8	Susan Dewen	59.89	56.59		55.69	57.28				229.45
9	Kim Wookey	60.18		57.21		58.71			51.54	227.64
10	Alison Bull		58.77	55.49	54.48	56.23				224.97
11	Linda Hawkins	60.22				56.26		52.97	48.02	217.47
12	Louise Brass	75.35						69.34	67.46	212.15
13	Catherine Ridge	58.34		55.78	51.66					165.78
14	Paula Green	57.05		57.63					47.28	161.96
15	Michelle Aitken	54.68		50.91	51.13					156.72
16	Joanne Mills	71.98		70.40						142.38
17	Clare Williams	63.71							61.00	124.71
18	Wendy Spring	59.14		55.90						115.04
19	Joanne Chung	57.93		55.32						113.25
20	Wendy Bradford	57.65		54.81						112.46
21	Anne Kleijwegt					59.41			52.91	112.32
22	Melanie Harris	52.95		52.16						105.11
23	Susie Morley		52.10			50.42				102.52
24	Karen Anthony	51.30		48.69						99.99
25	Paula Reynolds	69.16								69.16
26	Toni Ridge	61.19								61.19
27	Paulene Galoppi								60.87	60.87
28	Katie Herrington					60.51				60.51
29	Celia Haigh	57.72								57.72
30	Donna Whitehead	56.43								56.43
31	Kim Shenton	56.30								56.30
32	Janet Webster								55.84	55.84
33	Zoe Delaney				55.80					55.80

34	Dirkie Swifen	55.33			55.33
35	Judy Lodge			54.62	54.62
36	Suzanne Waterfield	53.15			53.15
37	Caroline Bore			51.38	51.38
38	Jo Galea		48.69		48.69
39	Amy Moir	46.47			46.47
40	Kuzna Jackson	45.49			45.49
41	Cheryl Parker			43.24	43.24
42	Amelia Palas			41.51	41.51
43	Katie Hammond		39.07		39.07

**HRC CHAMPIONSHIP 2011 (On an age-related basis)**

**Men**

<b>Position</b>	<b>Name</b>	<b>5k%</b>	<b>5m%</b>	<b>10k%</b>	<b>10m%</b>	<b>1/2 M%</b>	<b>15m%</b>	<b>20m%</b>	<b>M%</b>	<b>Total</b>
1	Steve Murtagh	84.79	82.45	84.39	84.99	82.95		84.49	83.66	338.72
2	Richard Solomons	83.88	82.75	83.01	81.26			78.30	72.96	331.40
3	John Tennant	81.11	82.00	79.06	79.56	76.61		75.13	77.15	321.73
4	Jared Bethell		72.26	74.41	75.70	77.34	71.38	77.32	74.95	305.31
5	Colin Moody			73.13	62.63	73.86		75.91	73.76	296.66
6	Jamie Jephcott	75.92	73.72	73.76	72.90	70.53		69.56	67.26	296.30
7	John Bull		69.50	67.74	68.29	69.17				274.70
8	Martin McColgan	69.64	65.57	64.10	65.72					265.03
9	Graham Saville			62.49			59.98	64.37	53.15	239.99
10	Sean Flynn	70.07				66.77			64.56	201.40
11	Andy Terrell			65.06	66.75			61.40		193.21
12	Andy Bradley		62.68	65.28	66.97					194.85
13	Terry Ridge			61.66	57.23				57.68	176.57
14	David Page			58.14	58.26				47.06	163.46
15	Dan Chapman					59.12		57.43	46.51	163.06
16	Pasquale Pellecchia			77.01	75.30					152.31
17	Steve Mackenzie		73.39		77.03					150.42
18	Rob Lowe		72.55	74.35						146.90
19	Alan Moir		66.23	66.22						132.45
20	Paul Jeffrey-Read				69.88				58.87	128.75
21	Matt Jones				63.54	63.71				127.25
22	Peter Ayling			59.47	64.23					123.70
23	Marc Lowers					63.31	45.16			108.47
24	Roy Steven				83.25					83.25
25	Adrian Fell	74.13								74.13
26	Rick Ricketts					72.49				72.49
27	Alan Broughton				72.40					72.40
28	Alan Cootes			69.04						69.04
29	Vince Hayward				68.49					68.49
30	David Croly						67.29			67.29
31	David Ayling					65.36				65.36
32	Steve Ambrose								61.46	61.46
33	Jamie Luck			61.12						61.12

34	Jim Martin		60.29			60.29
35	Mark Goodger		59.90			59.90
36	John Evans				58.26	58.26
37	Ron Newton		57.51			57.51
38	Pete Brewin			56.16		56.16
39	Robin Pope				54.66	54.66
40	Tony Robinson				53.43	53.43
41	Gavin Johnson	52.97				52.97
42	Peter Jackson				52.14	52.14
43	Terry Heapy				48.51	48.51
44	Alan Bore				46.05	46.05
45	Kevin Marsh				40.69	40.69